



FORGE WEEKDAY PROGRAM

MONDAY

TUESDAY

WEDNESDAY

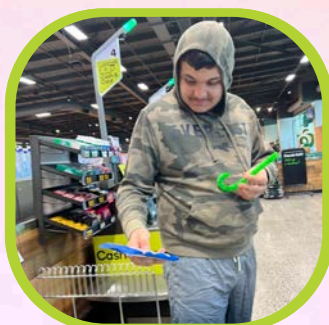
THURSDAY

FRIDAY

MORNING



COMMUNITY ACCESS



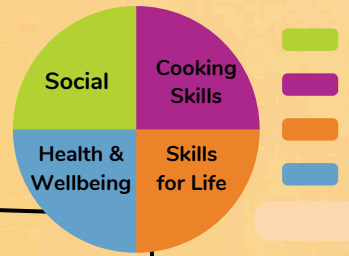
AFTERNOON





FORGE WEEKDAY PROGRAM

29 JULY - 2 AUGUST



MORNING


MONDAY

LAUNDRY
Doing some laundry at one of the cottages to support our independence.



TUESDAY

WORKBOOKS & IPAD GAMES
Using fine motor skills to complete activities and games in our workbooks and ipad.



WEDNESDAY

PUBLIC TRANSPORT
Taking public transport, learning transport, safety and navigation.



THURSDAY

SHOPPING
Going to a local shopping centre to explore what's on offer!




FRIDAY

BBQ PREP
Preparing the food, snacks and picnic materials needed for our picnic!



COMMUNITY ACCESS

AUBURN BOTANICAL GARDENS
Scenic picnic lunch by the water and taking a walk through the Japanese gardens.



MARITIME MUSEUM
Traveling to the museum to expand our knowledge and explore the exhibits.



COCKATOO ISLAND
Visiting Cockatoo Island for a bush walk and lunch outside.



WANGAL PARK
A day out at Wangal Park for a stroll and having fun on the play equipment.



BICENTENNIAL PARK BBQ
Enjoying our tasty BBQ lunch at Bicentennial Park.



AFTERNOON

THINKING GAMES
Varied activities like matching to improve our logic and critical thinking skills.



SEA ANIMAL SENSORY PLAY
Relaxing after our busy day with some sensory items relating to the sea animals we saw.



MAGICAL MUD
Sensory science activity, making magic mud that's both liquid and solid!



MINI SCHNITZELS
Cooking mini schnitzels as a group in the Forge Kitchen!



MUSIC AND MOVEMENT
Self-expression enhances our physical activity and improves balance and co-ordination.





FORGE WEEKDAY PROGRAM 5-9 AUGUST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MORNING

SOCIAL MONDAYS

Practicing our social skills as we debrief over the weekend and catch up.

LAUNDRY

Decluttering and tidying our space.

SHOPPING

Going to a local supermarket to explore what's on offer!

PUBLIC TRANSPORT

Taking public transport, learning transport, safety and navigation.

WORKBOOKS

Using fine motor skills to complete activities and games in our workbooks.

COMMUNITY ACCESS

MARRICKVILLE LIBRARY

Search for our favourite stories and find some new ones as well.

CARRS PARK

Exploring Carrs Park, an all-accessible bush park with a range of activities right along the water.

BAYVIEW PARK

A walk to enjoy the surrounds, do a spot of exercise or relax with friends.

WILDLIFE ZOO

An excursion to the zoo to interact with and observe the animals.

HYDE PARK BARRACKS

A chance to explore the interesting stories of Australian History.

AFTERNOON

BALLOON ART

Using balloons as our tools to create a variety of patterns.

YOGA

Practice our flexibility and mindfulness.

HOMEMADE PIZZA

Making our own homemade pizzas with a variety of toppings!

AUSTRALIAN ANIMAL CRAFT

Expanding our knowledge of Australian animals with craft!

FINE MOTOR FRIDAY

Working on our motor skills with a range of fun board games and activities.



FORGE WEEKDAY PROGRAM 12-16 AUGUST

SCIENCE WEEK!

MONDAY

MORNING

LAUNDRY

Decluttering and tidying our space.

COMMUNITY ACCESS

LANE COVE NATIONAL PARK

Enjoying a nature walk by the water on the Lane Cove Trail.

AFTERNOON

CREATIVE ARTS

Experimenting with painting on different surfaces and different textures.

TUESDAY

ROAD SAFETY

Distinguish between the road signs to be safe on the road.

BOUNCE INC

A trip to Bounce Inc in Homebush: an indoor trampolining centre to bounce, have fun and chill in the foam pit.

EDIBLE SLIME

Making edible slime as a sensory experiment for science week!

WEDNESDAY

WORKBOOK WEDNESDAY

Using fine motor skills to complete activities and games in our workbooks.

CRESSWOOD PARK

Exploring the play equipment and grounds with a picnic lunch.

SCIENCE EXPERIMENTS

Continuing our science week activities with some fun science experiments!

THURSDAY

HYGIENE HYJINKS

Practicing good hygiene and gaining hygiene awareness with educational activities.

BLAIR PARK

A walk to enjoy the surrounds, do a spot of exercise or relax with friends.

COOKING WORKSHOP

A new cooking workshop recipe lead by Jennie from The Cooks Workshop!

FRIDAY

RECYCLING AND COMPOST

Gathering our recycling and filling the compost bin together.

RETURN AND EARN

Travelling to our local return and earn return point to drop off our recycling!

SCIENCE EXPERIMENTS

Continuing our science week activities with some fun science experiments!



FORGE WEEKDAY PROGRAM 19-23 AUGUST BOOK WEEK!

MONDAY

SOCIAL MONDAYS

Practicing our social skills as we debrief over the weekend and catch up.

TUESDAY

LAUNDRY

Doing some laundry at one of the cottages to support our independence.

WEDNESDAY

SHOPPING + FOCACCIA MAKING

Shopping for ingredients before returning to make some delicious foccacia!

THURSDAY

COMPOSTING

Turning our food scraps into compost to learn about the environment.

FRIDAY

PACKING AWAY GROCERIES

Practicing our fine motor skills by packing away our groceries.

MORNING

COMMUNITY ACCESS

AFTERNOON

CHARLES HEATH RESERVE

Day out at the park for some fun together as a group.

CONCORD LIBRARY

Searching for our favourite stories and finding some new ones as well.

BAYVIEW PARK

A picnic at Bayview Park to play, eat or just sit and enjoy the view of the water.

CANOELANDS FARM

An excursion to the farm to interact with and observe the animals.

BICENTENNIAL PARK

Journey to Bicentennial Park for a relaxing day in the sun.

STORYBOOK ARTS AND CRAFT

To start off Book Week we're making arts and crafts based on some classic stories!

MASK MAKING

Making and decorating our own masks of storybook characters!

THE LITTLE RED HEN

Gathering around to read The Little Red Hen together as a group.

STORYTIME TOGETHER

Reading our favourite books and sharing stories together.

BOOK WEEK DRESS UP!

To wrap up Book Week we'll be dressing up as our favourite book characters!



FORGE WEEKDAY PROGRAM 26-30 AUGUST

MONDAY

MORNING

LAUNDRY
Doing some laundry at one of the cottages to support our independence.

COMMUNITY ACCESS

BURWOOD LIBRARY
Searching for our favourite stories and finding some new ones as well.

AFTERNOON

FATHERS DAY ARTS AND CRAFT
Making a variety of arts and crafts for Fathers Day!

TUESDAY

HYGIENE HYJINKS
Practicing good hygiene and gaining hygiene awareness with educational activities.

ART GALLERY NSW
Exploring the works of the world's artists at the Art Gallery!

FATHERS DAY ARTS AND CRAFT
Making a variety of arts and crafts for Fathers Day!

WEDNESDAY

HEALTHY EATING
Educating ourselves on the importance of healthy eating and good food practices!

THE GRANGE BUFFET
Having an exciting lunch at the all-you-can-eat restaurant The Grange Buffet!

FATHERS DAY ARTS AND CRAFT
Making a variety of arts and crafts for Fathers Day!

THURSDAY

WORKBOOKS
Using fine motor skills to complete activities and games in our workbooks.

BLAIR PARK
Enjoying the local surrounds of Blair Park for some relaxing scenery!

FATHERS DAY ARTS AND CRAFT
Making a variety of arts and crafts for Fathers Day!

FRIDAY

MUSIC AND MOVEMENT
Self-expression enhances our physical activity and improves balance and co-ordination.

CLIFTON GARDENS
Visiting Clifton Gardens for lunch, a famous picnic spot with beautiful water views!

FATHERS DAY ARTS AND CRAFT
Making a variety of arts and crafts for Fathers Day!



FORGE WEEKDAY PROGRAM 2-6 SEPTEMBER SUPERHERO WEEK

MONDAY

SOCIAL MONDAYS

Practicing our social skills as we debrief over the weekend and catch up.

TUESDAY

LAUNDRY

Doing some laundry at one of the cottages to support our independence.

WEDNESDAY

SHOPPING

Going to a local shopping centre to explore what's on offer!

THURSDAY

PUBLIC TRANSPORT

Taking public transport, learning transport, safety and navigation.

FRIDAY

RECYCLING AND COMPOST

Gathering our recycling and filling the compost bin together.

MORNING

COMMUNITY ACCESS

AFTERNOON

LIVVI'S PLACE

Spending the day at Livvi's Place - an all accessible park with great equipment.

AUSTRALIAN MUSEUM

Travel to the museum to expand our knowledge and explore the exhibits.

WANGAL PARK

A walk to enjoy the surrounds, do a spot of exercise or relax with friends.

CHINESE GARDEN OF FRIENDSHIP

Travelling via Light Rail to visit the gardens for a scenic walk.

RETURN AND EARN

Travelling to our local return and earn return point to drop off our recycling!

OBJECT PAINTING

Choosing objects around the activity centre to be our painting models!

ALPHABET BINGO

Being social while learning literacy, language skills and cognitive skills!

COOKING SAUSAGE ROLLS

Making some classic sausage rolls to enjoy for afternoon tea.

COLLAGE

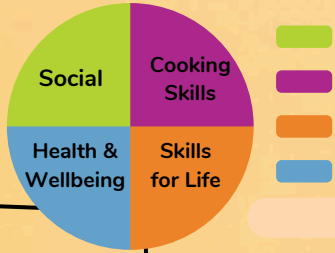
Making a collage using a variety of photos and objects to make a picture!

MESSY PLAY

The ultimate sensory experience.



FORGE WEEKDAY PROGRAM 9-13 SEPTEMBER



MORNING

MONDAY

LAUNDRY

Doing some laundry at one of the cottages to support our independence.

TUESDAY

PUBLIC TRANSPORT

Taking public transport, learning transport, safety and navigation.

WEDNESDAY

WORKBOOK WEDNESDAY

Using fine motor skills to complete activities and games in our workbooks.

THURSDAY

MUSIC AND MOVEMENT

Self-expression enhances our physical activity and improves balance and co-ordination.

FRIDAY

FINE MOTOR FRIDAY

Working on our motor skills with a range of fun board games and activities.

COMMUNITY ACCESS

MARRICKVILLE LIBRARY

Searching for our favourite stories and finding some new ones as well.

MUSEUM OF CONTEMPORARY ARTS

Visiting the art museum to expand our art knowledge and exploring the artists.

BOUNCE INC

A trip to Bounce Inc in Homebush: an indoor trampolining centre to bounce, have fun and chill in the foam pit.

CENTENNIAL PARKLANDS

Having lunch with our peers at the Centennial Parklands.

CHARLES HEATH RESERVE

Day out at the park for some fun together as a group.

AFTERNOON

STORYBOOK ARTS AND CRAFT

Arts and crafts based on some classic stories!

ROLE PLAY AND DRAMA

Using our imaginations to engage in dramatic role play as a group.

STAMPING ARTWORKS

Making fun and unique artworks with our own stamps.

SENSORY PLAY

Relaxing after our busy day with some sensory items.

MOVIE DAY - BFG

Winding down after an exciting week with a movie (The BFG) and some snacks.